



GREEN'R WAYS

NOURISH



SUCCESS IS IN
VALUE



LUBY'S CULINARY SERVICES.
BUSINESS HEALTHCARE VENUES SENIOR LIVING

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**WE ARE CONFIDENT
THAT YOU ARE EXCITED TO LEARN
ABOUT WHAT ELSE WE**

BRING TO THE TABLE.

Call them off-the-menu items or specials. Call them Green or Wellness programs. Regardless of what you call them, we believe they add more value to your customized offerings. They embrace two of the hottest topics in the food service industry — **SUSTAINABILITY AND HEALTH.**



LET'S FACE IT – WE ALL COULD MAKE SMARTER CHOICES WHEN SELECTING THE PERFECT MEAL.



Our Livin' Smart™ meals are prepared daily with fresh ingredients and portioned for breakfast and lunch. Our menus highlight smarter and healthier choices when on-the-go or dining in our retail concepts. In addition, our Livin' Smart™ meals were featured on foodchannel.com and in Food Management magazine.

We also make nutritional analysis available to consumers, so they know just how much smarter their choices are. It's just a little extra assist for those wanting to monitor their intake.



-STEALTH-HEALTH™

WE TAKE A SIMPLE APPROACH TO OUR STEALTH HEALTH™ PROGRAM.



Our chefs incorporate higher nutrition and lower or better fats into classic and innovative recipes without altering the high quality and flavor of the offerings, such as marinara sauce with pureed vegetables and spinach, chocolate muffins with pureed avocado, or brownies with bran flakes and black beans, all of which you never would taste the hidden ingredient. That's what we call Stealth Health™.



GREEN'R WAYS

ONE TOPIC WE ALL EMBRACE TODAY IS SUSTAINABILITY.



Certainly in the food service industry, we all can do our part to conserve resources. Whether you provide retail dining or patient feeding, we customize plans that match your sustainability efforts. These plans may include energy conservation, water consumption, waste management, recycling, reusable products and construction materials. After all, there are always Green'R Ways.



NOURISH LIFE

FOR US, NOURISH LIFE MEANS IMPROVING HEALTH VIA SOUND NUTRITION AND INCORPORATING NUTRIENT-RICH, POWERHOUSE FOODS INTO DAILY DIETS.



The foods profiled in our Nourish Life program were created with flavor and optimal nutrition in mind. We built each of the recipes in this program with a combination of powerhouse ingredients to ensure the end product is rich with nutrients. Make Nourish Life part of your plan.

